

Week 1 Menu from 19.04.10	Monday	Tuesday	Wednesday	Thursday	Friday
From The Hot Service : plated					
Main Dish of the day	Beef Lasagne	Sausages with Onions & Gravy	Roast Chicken Dinner	Beef Curry & Rice	Fish & Chips
Vegetarian main dish of the day	Cheese Wheels	Cottage Pie made with QUORN	Vegetable Pasta Bake	Vegetable Curry & Rice	Mushroom Stroganoff & Rice
The Above Will be served with your choice of	New Potatoes Green Salad	Mashed Potato Carrots & Peas	Roast Potatoes Broccoli & Cauliflower	Rice Carrots & Sweetcorn	Chips Garden Peas Baked Beans
Today's KITCHEN Dessert will be	Apple Crumble & Custard	Fruit Jelly & Ice Cream	Chocolate Sponge & Custard	Angel Delight or Fresh Fruit	Lemon Curd Sponge & Custard
Pasta & Sauces					
Meat based sauce served with pasta	Meatballs – <i>(Pork Meatballs in a tomato sauce)</i>	Chicken Torino <i>(Barbecue Flavored Sauce with Peppers)</i>	Chilli Beef <i>(Minced Beef with Kidney Beans)</i>	Spicy Sausage <i>(Spicy Tomato Sauce with Pork Sausage)</i>	Chicken Tikka <i>(Indian Flavored Tomato Sauce with Chicken)</i>
Vegetarian Based sauce with Pasta	Vegetable Bolognese <i>(Vege Mince, Tomato, Peppers and Herbs)</i>	Basilico <i>(Tomato & Basil)</i>	Arrabiata <i>(Tomato & Mixed Peppers)</i>	Pomodoro <i>(Simple Tomato Sauce)</i>	Beans & Cheese <i>(Baked beans topped with cheese)</i>
Hot from our Tappan Grill	Garlic & Herb Chicken Kebab served in Pitta bread	Sausage Baguette with Onions	Chicken Noodles or vegetable noodles	Chicken & Bacon Burger served in a bun with Salad	Chicken Tikka Kebab served in Pitta bread
Today's Homemade soup	Tomato	Leek & Potato	Chicken	Tomato & Bean	Tomato
Oven baked jacket potatoes/wedges					
Meat based filling	Meatball	Chicken Torino	Chilli Beef	Beef Curry	Chicken Tikka
Vegetarian filling	Vegetable Bolognese	Basilico	Arrabiata	Vegetable Curry	Mushroom Stroganoff

- **DESSERT is included in the price of our main meals and can be substituted to nominated products but cannot be discounted from the meal value under any circumstances.**
- All chicken used in our recipes is Halal
- All Meat is "Red Tractor" Farm assured meat
- Vegetables are FRESH and where possible seasonal

Subject to availability

Week 2 Menu from 26.04.10	Monday	Tuesday	Wednesday	Thursday	Friday
From The Hot Service : plated					
Main Dish of the day	Spaghetti Bolognese	Chicken & Vegetable Pie	Roast Lamb Dinner	Chicken Curry & Rice	Fish & Chips
Vegetarian main dish of the day	Macaroni Cheese	Mixed Bean Chilli & Rice	Vegetable Lasagne	Sweet & Sour Veg with Quorn & Rice	Cheese & Potato Pie
The Above Will be served with your choice of	Warm Garlic Bread Green Salad	New Potatoes Broccoli & Carrots	Roast Potatoes Cauliflower & Peas	Rice Sweet corn & Carrots	Chips Garden Peas Baked Beans
Today's KITCHEN Dessert will be	Fresh fruit salad & Yoghurt	Apple Cake & Custard	Pineapple Crunch	Fruit Crumble & Custard	Fruit Jelly & Ice Cream
Pasta & Sauces					
Meat based sauce served with pasta	Chicken Italiano <i>(Tomato & Basil Sauce with Chicken)</i>	Bolognese <i>(Mince Beef with Tomato, Mushrooms and Herbs)</i>	Meatballs <i>(Pork Meatballs in a tomato sauce)</i>	Chicken Tikka <i>(Indian Flavored Tomato Sauce with Chicken)</i>	Spicy Sausage <i>(Spicy Tomato Sauce with Pork Sausage)</i>
Vegetarian Based sauce with Pasta	Pomodoro <i>(Simple Tomato Sauce)</i>	Basilico <i>(Tomato & Basil)</i>	Vegetable Bolognese <i>(Vege Mince, Tomato, Peppers and Herbs)</i>	Arabiata <i>(Tomato & Mixed Peppers with Chilli)</i>	Pomodoro <i>(Simple Tomato Sauce)</i>
Hot from our Tappan Grill	Vegetable stir fry with sweet & sour sauce	1/4lb Beef Burger with Salad	Chicken Skewer served with salad in a Pitta bread	BBQ Chicken bites with sweet corn rice	Beef noodles or Vegetable noodles
Today's Homemade soup	Potato & Onion	Tomato	Leek & Potato	Vegetable	Tomato
Oven baked jacket potatoes/wedges					
Meat based filling	Chicken Italiano	Bolognese	Maile Meatball	Chicken Curry	Spicy Sausage
Vegetarian filling	Baked Beans	Mixed Bean Chilli	Vegetable Bolognese	Sweet & Sour Vegetables	Baked Beans & Cheese

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